

## Warm Up and Tone Production Notes

### Primary Goals of Warm Up

1. Beautiful sound
2. Easy and relaxed tone production

*Have a MENTAL image of your ideal trumpet sound before you play every note*

### Characteristics of a beautiful sound

Defined CORE, steadiness, clarity, resonance, etc

The better you can describe and imagine a sound, the more likely you are to produce it  
TONE is related to and improves ALL other aspects of your playing

### Eliminating tension and resistance to airflow

Tension is the ENEMY of brass playing

Tension inhibits airflow and vibration - the 2 main ingredients of sound production

Identify potential airflow inhibitors: throat, neck, tongue, embouchure, mouthpiece angle, etc  
Identify potential sources of tension: throat, neck, shoulders, chest, arms, embouchure, etc

### Thoughts on breathing

You are already EXPERTS (congratulations!) so don't overthink this

Breathing should be as normal and relaxed as possible

No tension/resistance to inhale

No PAUSE between inhale and exhale (one fluid motion)

Inhale IN TIME

### Leadpipe

Easy and immediate response to sound

Centered CORE (no pinching to achieve pitch)

Freedom of airflow

Let this be as easy as it is

Connect to upper register seamlessly (the notes are closer than you think)

### Mouthpiece

Steady, even buzz

No lumps or air pockets between notes/slides

Minimize pressure

### Bending

Find resonant center of note

Blow FARTHER into instrument to bend note, minimize embouchure manipulation

After bending, return to the RESONANT CENTER of pitch (not necessarily where you started)

### Cichowicz

Establish most beautiful and relaxed sound on #14

Maintain those standards as range expands

Minimize/eliminate embouchure movement

LISTEN to your sound (this is more important than range)